

Support programme for top-level athletes

ESCI-UPF has developed a support programme to help students successfully combine their academic studies with playing top-level sports.

Students who sign up to this programme will receive guidance from their tutor to help them plan their academic calendar (internships, classes, exams) and sporting calendar (training, meets, competitions) to ensure they achieve optimal performance in both fields.

What should I do to take part?

1. Meet one or more of the following requirements:

- a) Be a top-level athlete (either this year or last year) as per the provisions of [Royal Decree 971/2007](#), of 13 July 2007. (The list of top-level sports is published quarterly in the Spanish government gazette [BOE])
- b) Be an athlete who was invited to join any national team by a sporting federation, either this year or last year. You should provide a certificate from the federation in question.
- c) Be an athlete who belongs to the ADO and ADOP Plan.
- d) Be an athlete who took part in the 2018 University World Championships and/or the 2018 summer or winter Universiade.
- e) Be an athlete who was put forward by the university as among the top three athletes in the Campeonatos de España Universitarios for the 2017–2018 academic year.
- f) Be one of the Esportistes d'Alt Nivell Català included in this year's list approved each semester by the Consell Català de l'Esport and published in the Catalan government gazette (DOGC).
- g) Be a high-performance athlete who meets the requirements of Article 2.3 Sections d), e), f) and g) of Royal Decree 971/2007, of 13 July 2007, on top-level and high-performance athletes.

2. Recognise students' responsibilities

When they sign up to the programme, students who play high-level sports agree to the following responsibilities.

1. Attend the tutorials set out in the programme.
 2. Provide their tutor with the following information in writing during the first week of term:
 - Training and competition calendar.
 - Subjects and lecturers for the term.
 3. Notify Academic Management of any changes in their personal data or any other changes related to the programme (e.g. any courses they drop).
 4. Complete the assessment questionnaires and other any programme requirements.
 5. Notify Academic Management of any sporting achievements, including, whenever possible, photographs of the competition so that ESCI-UPF can publicise this achievement through their channels of communication (sports website, sports Facebook page, etc.).
- Students who fail to comply with the above responsibilities may lose the support of their tutor.

3. Recognise tutors' responsibilities

Tutors have the following responsibilities to students playing top-level sports:

Advise students through regular individual tutorials.

Be available to deal with any queries students may have about their academic activity, both face to face and online.

Help students successfully combine their academic and sporting calendars and act as their advocate vis-à-vis internships, exams, changing class or seminar group, tutorials with teaching staff, etc., including writing reports for this purpose, when necessary.

Monitor students' academic progress.

Inform teaching staff that the students being tutored play top-level sports.

Inform students of the university's minimum course progress requirements.

4. Sign up before the deadline

If you fulfil all the requirements and want to sign up for the 2018–2019 academic year, you should apply, including the necessary documents, by 2 October 2018. Late applications will not be accepted.